

READY SET COLLEGE

S U M M E R P R O G R A M

The Thorne Consulting Ready, Set, College Summer Program assists young adults with disabilities, ages 14-22, to develop the vocational skills, independent living skills, and social & recreation skills that are needed in pursuing a post-secondary education. Ready, Set, College is a one (1) week program for participants interested in understanding the expectations and demands of attending a community college or four-year university. This program opens the door to the realities of community college and university life.

FOCUS AREAS

- Study Skills
- Time Management and Organizational Skills
- Disability Disclosure & Self Advocacy
- Building Social Connections
- Resources for Academic Success
- Degree Exploration
- Cooking and Nutrition
- Professional Communication
- Money Management & Budgeting
- Balancing Work & College Life
- Managing health and wellness on your own
- Accessible Technology for College Success
- Healthy Mindset and Stress Management

Logistics

SESSION LENGTH: One Week 8am-12pm June 2nd-6th

Location: Virtual

1st 15 Students to sign up receive a \$250 stipend for attending the program

